

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 63 years in the making.



HEEL & TOE

October 11th 2018

Funding Opportunity **Alf Robinson & Peter Waddell Trust Funds**

Applications are called for financial assistance from either of the above Trust Funds.

Applications should be forwarded via email to:

Terry Swan , Secretary, Race Walking Australia secretary@rwa.org.au

by close of business on Friday 2nd November 2018.

Applications will then be forwarded to the relevant panels/trustees for consideration.

Extracts from the Grant by-laws of Race Walking Australia

The Alf Robinson Memorial Race Walking Foundation

When former Racewalking Australia President Alf Robinson died in 1977, a Foundation was set up, seeded by an initial sum of money donated by Mr. Harold and Mrs. Cora Brennan. This Foundation was designated The Alf Robinson Memorial Race Walking Foundation.

It was envisaged that the interest from this Foundation would be used on an ongoing basis to assist Australian race walkers on the international stage. Both Athletics Australia and Racewalking Australia view this Foundation as a developmental fund which should **focus on either our most promising junior walkers or those open aged walkers under the age of 25 years who show the potential to achieve internationally.**

The funds within the Alf Robinson Memorial Race Walking Foundation are held in trust by Athletics Australia and are administered by a Board of Trustees, made up of representatives of Athletics Australia and Racewalking Australia.

The Fund cannot be used to finance walkers to take part in the World Open Track and Field Championships, Olympic Games or the Commonwealth Games.

Athletics Australia, in consultation with Racewalking Australia, will announce a yearly cut off date (normally 1 August) for Foundation submissions and will provide a suitably

configured Athletics Australia website online panel by which applicants can submit grant applications.

applications are to be made directly to Athletics Australia via the Athletics Australia website.

The application shall state: The overseas competition in which the walker wishes to participate and the planned cost of the tour, His/her three best performances in his/her particular event, Details of his/her last three performances in his/her particular event.

When the submission closure date has passed, the Athletics Australia Competition Manager will ask the Foundation Trustees to review all nominations. The Athletics Australia Treasurer will advise the amount of money available for distribution.

Foundation Trustees will consider the applications and advise the Athletics Australia Competition Manager of their recommendations.

Athletics Australia Competition Manager will confirm the decision or not as he sees fit.

The costs of administering the Fund may be taken from the Fund income. The amount of the administration fee may be determined by the Board from time to time, but not to exceed 10% of the grants allocated in any one year.

Board to have the authority to use income from the Fund to promote the Fund in an endeavour to obtain further donations to add to the Fund.

Only one grant shall be made to an athlete in a financial year.

Peter Waddell Trust Fund

When former Racewalking Australia President Peter Waddell died in 2002, many members of the Federation felt that his memory should be honoured in some concrete way. A motion was subsequently unanimously passed, at the 2006 Racewalking Australia AGM, to establish a Trust Fund. The fund was designated The Peter Waddell Trust Fund. The funds within the Peter Waddell Trust Fund are held in trust by Racewalking Australia and are administered by a Board of three Trustees, namely the Federation Secretary, the Federation Patron and one other Federation member who is elected at the AGM.

The Racewalking Australia Treasurer shall advise the Trustees of the maximum amount available for distribution at 01 April each year. Any of this money not used by 01 April in the following year shall be capitalised into the fund.

Member clubs will be invited to submit funding applications for initiatives that target and seek to advance the sport of Racewalking in Australia. Written applications are to be forwarded to the Federation Secretary.

After the specified closing date, the Trustees will review the funding applications and decide on the distribution of available funds.

Funding shall be for, but not restricted to, activities that enrich the sport of Racewalking, such as:

- Training Camps run by Federation member clubs,
- Race walk judging Seminars,
- Race walk Coaching seminars,
- Initiatives targeting Racewalking junior development, and
- Contributing to shared concept events like the Oceania Race Walking Trophy or the Australian Race Walking Series.

For full details go to the RWA By Laws at :

<http://www.rwa.org.au/wp/wp-content/uploads/2017/07/AFORWC-BYLAWS-as-updated-11-June-2016V5.pdf>

Have your Say

Athletics Australia Winter Road Walking Championships

In a welcome move Athletics Australia Competition Director, Michelle James, has invited the race walking community to contribute to an open discussion on the dates of the Athletics Australia Road Walking Championships (which have been conducted on the same weekend and in the same city as the National Schools Cross Country Championships for the past ten years or so) and the date of the Australian 50 Km Championship (which is currently held in December at Fawkner Park, Melbourne)

I understand that Athletics Australia is about to reconsider their MOU with School Sport Australia so your views on the current and future scheduling of the AA Road Walks would be particularly welcomed.

Please forward your suggestions, ideas, comments directly to me at:

Bob Cruise, President

Race Walking Australia bob.cruise@bigpond.com

Editor: Please let Bob know your thoughts on this carnival whether it is do with the date, venue or even if the Federation should continue holding their carnival in conjunction with AA.

RESULTS RESULTS RESULTS

Qld Masters Athletics SAF Nathan Sat October 6th

Congratulations to Iggy on breaking his own State M50 3,000 metre record .

5,000 Metre Race Walk

Mark Carlile M45 37:43.87 (34:26.47 52.15%)

Ignacio Jimenez M53 23:21.25 (20:27.36 87.80%)

Peter Bennett M62 27:31.10 (22:01.88 81.52%)

-- Russell Grigg M91 Brisbane DNF

Age Graded Times and Percentages in Brackets

Queensland Athletics Registration 2018/19

Registrations with Queensland Athletics for the 2018/19 season become due on October 1st. The portal is now live and will accept membership applications. Click on the QRWC as your club. To avoid the problems some members have previously experienced the options on the portal are for QA registration only. No QRWC club fee as it is recognized that our members are already financial with the club up until April 1st 2019. If you are not

a current financial member of QRWC please contact the club at qrwcregistrar@outlook.com

Base members may only compete in a maximum of 3 track and field competitions during the summer season, including QA Shield Meets, other QA Track & Fields Meets and QLD Track & Field Championships. Base members are not eligible to compete at the 2019 Australian Athletics Championships (U14-Open).

Minimum Ages: Track & Field: 12 years as at 31 December 2019 (born 2007). Younger athletes may join as a Base Member for club training and for access to cross country and walks competitions. Cross Country / Road Walking: 6 years as at 31 December 2019 (born 2013).

You can now Register with Queensland Athletics via the portal on the front page of the QRWC website <http://www.qrwc.com.au>

ALL QRWC NON-COMPETING MEMBERS, VOLUNTEERS, COMMITTEE MEMBERS, OFFICIALS AND COACHES ARE REQUESTED TO TAKE ADVANTAGE OF THE \$ 0 FEE AND REGISTER WITH QA TO ENSURE YOU ARE COVERED BY THE AA/QA INSURANCE POLICY



Walk or Run

Sunday December 9th

The **50km, 30km, 15km and 5km** events that make up the Gold Coast 50 Run Festival use the footpaths and roads adjacent to the Gold Coast beachfront. Running from Kurrawa to Coolangatta & return, in the 50km event, the course provides athletes with spectacular views, regular water stops and aid stations. Don't miss out on running this stunningly beautiful run course. A favourite event for some of our race walkers.

For more information and entry details go to : <https://www.gc50runfestival.com.au/>



Entries Close: Wednesday 31 October for the Road Walk

and Friday 19 October (5 pm AEST) for Track Walks

The QRWC is the host organisation for Athletics - Road Race Walks for the 2018 Pan Pacific Masters Games. The road walks will take place on the Luke Harrop Criterium Circuit next to the Sports Super Centre at Runaway Bay on Sunday November 11th 2018.

Every entry in the 10km road walk will benefit the club so please spread the word amongst your Masters friends.

Any club members who wishes to assist with the running on the meet on Sunday November 11th as a judge, lap scorer, timekeeper, water station, canteen etc please advise Peter Bennett via email at peter.bennett@live.com Thank you.

There will be the traditional after race sumptuous bbq breakfast thanks to the generosity of our wonderful Co Patrons, Pat & Maxine. Than you so much for this kind invitation.

<https://mastersgames.com.au/ppmg/sports/athletics-road-race-walk/>

WALKS SCHEDULE

Friday November 9th 9.00am 5,000 metres M/W

Saturday November 10th 11.30am 3,000 metres M/W

Sunday November 11th 7.00am 10km Road Walk Runaway Bay Cycle Track

Important Information Games Check in and Accreditation

Carrara Indoor Sports Stadium

Thursday 1 November: 12pm – 8pm

Friday 2 November: 8am – 8pm

Saturday 3 November: 7am – 6pm

Sunday 4 November: 8am – 5pm

Gold Coast Convention and Exhibition Centre

Monday 5 November: 9am – 5pm

Tuesday 6 November: 9am – 5pm

Wednesday 7 November: 9am – 5pm

Thursday 8 November: 9am – 5pm

Friday 9 November: 9am – 5pm

Australian 50km Race Walking Championships

Sunday December 2nd Fawkner Park, Melbourne

7:00am - Men's Australian 50km Race Walk Championships

7:00am - Women's Australian 50km Race Walk Championship

8:00am - Men's Open Invitational 20km Race Walk

8:00am - Women's Open Invitational 20km Race Walk

9:00am - Men's Under 20 Invitational 10km Race Walk

9:00am - Women's Under 20 Invitational 10km Race Walk

10:00am - Men's Under 18 Invitational 5km Race Walk

10:00am - Women's Under 18 Invitational 5km Race Walk

2019 OCEANIA MASTERS CHAMPIONSHIPS MACKAY

<http://athleticsnorthqld.org.au/Oceania-Masters-Athletics-Championships-2019>

Race Walk Programme

Sunday September 1st 10km road walk

Tuesday September 3rd 5km track walk

Friday September 6th 3km track walk

Event Registration & Fees

Registrations are taken online on the event website. Refer to the website for closing dates.

OMA Registration Fee AU\$40.00 / Administration Fee AU\$50.00

Total Registration Fee AU\$90.00

Entry Fee per Event AU\$10.00

Beginners race walk judging course

AA have developed an on-line Level 1 race walk judging course.

<http://athletics.com.au/Officials/Level-1-Important-Information>

Once you have completed this course ask to stand with one of our qualified judges at a road walk meet to learn practical side of judging.

Coming Up

October 13th Qld Masters Athletics 1,500 metres SAC 11.30am

October 19-20th Qld School Sport 10-12 Years Championships Cairns

October 20th Qld Masters Athletics 3,000 metres SAC 8.00am

October 21st Gold Coast Masters 3/5,000 metres Griffith University 8.00am

October 25-28th Queensland School Sport 13-19 Years Championships QSAC Nathan

October 31st Qld Masters Athletics 30 minutes SAC 7.00pm

November 1st 1,500 metre Classic University of Queensland St Lucia

November 10th Qld Masters Athletics 5,000 SAC metres 8.00am

November 11th PPMG 10km Road Walk Runaway Bay 7.00am

November 17th Qld Masters Athletics 3,000 metres Spiral Handicap SAC 8.00am

November 28th Qld Masters Athletics 10,000 metres SAC 7.00pm

December 1st Qld Masters Athletics 5,000 metres SAC 8.00am

December 2nd AA 50 km Championships & 20km Invite events Melbourne.

December 7-9th Australian All Schools Track Championships Cairns

December 8th Qld Masters Athletics 3,000 metres SAC Memorial Day 8.00am

2019

February 10th Oceania & Australian 20km Race Walking Championship Adelaide

March 7-10th Queensland Athletics Championships (U14-Open) QSAC

March 30th – April 7th Australian Athletics Championships (U14-Open) Sydney

April 13-14th Queensland Masters Athletics Championships State Athletics Facility SAC

April 26-29th Australian Masters Athletics Championships Melbourne Lakeside Stadium

May 25th Great Barrier Reef Masters Games

August 31st Oceania Masters Games Mackay

Racewalking Queensland

(Trading as the Queensland Race Walking Club Inc. ABN 59065512712)

Racewalking Queensland Management Committee 2018/19

President: S. Pearson

Secretary: N. McKinven

Vice President. P Bennett

Treasurer R Hamann

Committee. C Goulding, I. Jimenez, S. Langley J. Pickles, R. Wales, J. Westlin.

Patrons: Patrick & Maxine Sela

Delegates to QA: R. Wales, S. Pearson

Equipment Officers: A. Wearne

Registrar: A. Wearne

Canteen Committee: M. Sela, S. Wearne, J. Westlin.

Handicapper/Results: N. McKinven

Selectors: S. Langley/I. Jimenez

Social Media/Publicity: J. Pickles

Director of Coaching: D. Smith

Trophy Officer: N. McKinven

Newsletter Editor: P. Bennett

Webmaster: A. Wearne

Club Captains. J Pickles, P. Lindenberg

QRWC Annual Subscriptions 2018/19

Registration Fees

Family \$40

Students & Officials \$15

Others \$25

To register with Queensland Athletics, you must use their On-Line Registration.

Go to www.qldathletics.org.au

Race Day Fees

Students \$ 4 / Others \$6

Club Championships: Road \$8 / Track \$10

Season Ticket \$60/\$30 (for students) per athlete

QRWC Website: www.qrwc.com.au

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

qrwcregistrar@outlook.com Club membership enquiries and information

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>